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### “Aren't We All a Little Bisexual?": The Recognition of Bisexuality in an Unlikely Place

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## **“Aren’t We All a Little Bisexual?”: The Recognition of Bisexuality in an Unlikely Place**

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*The hypermasculine subculture of men’s team sports has traditionally been characterized by the one-time rule of homosexuality: one same-sex sexual experience is normally equated with a homosexual orientation. Thus, men have been polarized into sexual identity categories, erasing bisexuality as a legitimate or viable category of sexual identification. Accordingly, in this research the authors examine the perspectives on bisexuality among team sport athletes. Interviewing 60 male soccer players from three strategically selected U.S. universities, the authors show that these athletes accept bisexuality as a legitimate and nonstigmatized sexual identity. The authors find that the athletes intellectualize an understanding of bisexuality in highly complex ways. The authors also highlight that though only a very small minority have engaged in same-sex sexual behaviors, at some level, most players recognize some degree of bisexuality in their own identities. The authors suggest that these results are a product of increased exposure to and contact with homosexual persons, leading to decreasing cultural homophobia, finally resulting in increasingly open discussion and complex understanding of sexual behaviors and identities that were once erased or stigmatized in men’s team sport culture.*

**KEYWORDS** *bisexuality, heteromascularity, homophobia, homosexuality, sport*

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## SPORT AND THE ONE-TIME RULE OF HOMOSEXUALITY

From early youth, and throughout young adulthood, boys and men are encouraged to participate in team sports (cf. Latinen & Tiihonen, 1990; Mills, 1997; O'Donnell, Walters, & Wardlow, 1998). Here, they are structured into a desire to be associated with hegemonic sexual and gender dominance by partaking in a sporting culture that uses violence and homophobia to sculpt bodies and shape identities to align with the culturally dominant heteromascu- line form (Anderson, 2005). In other words, team sport participation is understood to provide boys with opportunities to establish and display a heterosexual form of hypermasculinity (Pascoe, 2003; Ricciardelli, McCabe, & Ridge, 2006). Competitive team sports (such as soccer) therefore exist as a microcosm of society's sexual and gendered values, myths and prejudices about the variations in men and women, while also actively constructing men to exhibit, value and reproduce traditional notions of heteromascu- lity (Britton & Williams, 1995; Burstyn, 1999; Burton-Nelson, 1994; Messner, 1992).

The literature concerning men's team sports shows that this conserva- tive culture has also limited athletes' awareness of the fluidity of sexuality. Among team sport athletes, one same-sex sexual experience is traditionally equated with a homosexual orientation (Messner, 2004; Pronger, 1990). However, if just one same-sex behavior is associated with a homosexual identity, then men are culturally equated into one of only two viable categories of sexuality: homosexuality or heterosexuality (Anderson, 2008). This cultural conflation (of any same-sex behavior as being consistent with the sexual identity of homosexuality) effectively erases bisexuality as a viable category of sexual identification.

Borrowing from the one-drop theory of race (Davis, 1991; M. Harris, 1964), in which a dominant White culture once viewed anyone with even a portion of Black genetic ancestry as Black, Anderson (2008) applies this theory to sexuality, calling the behavioral component of this model the "one- time rule" of homosexuality. This is because one same-sex sexual experience is normally equated with a homosexual orientation, ruling out the possibility of men engaging in recreational same-sex sex without being homosexualized by their behavior (Anderson, 2005).

However, the inverse of this rule does not apply evenly to straight men. Schwartz (1995) therefore said,

We have to rethink how we have demonized the power of homosexuality so that we assume it to be the greater truth of our sexual self—as if one drop of homosexuality tells the truth of self while one drop of heterosexuality in a homosexual life means nothing. (p. 12)

This one-way application of the one-time rule also creates a double jeopardy for men who reveal they have experience with same-sex sex as it disqualifies

them from achieving the requisites of heterosexuality and it diminishes their masculine capital among peers (Anderson, 2005).

Although Reis (1961) and Alan Klein (1993) showed some heterosexual men (those who financially profit from sex with men) are less inclined to fear gay stigma, and same-sex sex is also less threatening to heterosexual men in certain homogenous, masculine institutions, like prisons and the military (Bérubé, 1991; Gear & Ngubeni, 2002), the general rule seems to be that for most heterosexual men in contemporary North American culture, their socially perceived heterosexual identities are partially conditioned upon exclusively opposite-sex sexual behaviors (Butler, 1990). Although this tendency to polarize sexual identities limits our sexual/emotional range as human beings, it serves a functional/conservative purpose. By polarizing sexual identities to straight or gay, Fritz Klein (1993) suggested that men are provided with a method of eliminating the threats of uncertainty and fear that the recognition of their own bisexuality triggers inside them. However, the one-time rule does more than just limit sexual behaviors and expression of bisexuality.

Multiple gender scholars have also shown that, in periods of high homophobia, emotional and physical intimacy between men is discouraged because it too is associated with a homosexual identity (cf. Ibson, 2002). Accordingly (and contrasting physical affection between women), when homosocial tactility or emotional intimacy occurs between men, it is almost always mis/taken for sexual desire (Thompson, 2006). Men's demonstrations of intimacy are, therefore, generally relegated to the public sphere, such as playing sports. Fritz Klein (1993) suggested that men's avoidance of emotional and physical intimacy is perpetuated by a myth that such intimacies are inspired by sexual desire and are precursors to sexual intimacy. Indeed, sexual desire is often perceived as the traditional missing link between a friendship and a relationship (Thompson, 2006). Thus, to ensure the separation of sexual desire from their lives, men also avoid homosocial emotional and physical intimacy. For example, this has traditionally left boys and men prohibited from holding hands, softly hugging, caressing, or kissing, in either public or private (Kaplan, 2006).

Anderson (2009) theorized that all of this derives from a culture of extreme homophobia—something that he defined as heterosexual men's fear of being publicly homosexualized if they violate rigid boundaries of heteromascularity. Thus, it is not just homophobia (a dislike of homosexuals) that drives this limiting culture: it is the fear of being thought of as feeling same-sex sexual desires. Accordingly, the contextual level of cultural homophobia is affected by the expression of men's cultural homophobia. Because team sports have been previously described as bastions of homophobia (Pronger, 1990), men in team sports have used participation to try and distance themselves from being thought gay (Anderson, 2005). Thus, a culture of homophobia compels men to join hyper-heterosexualized institutions/organizations (such as sports), and this veneer of heterosexuality can

be destroyed if men in sport are known to harbor same-sex desires. This means that sports has been particularly resilient in reproducing a conservative form of orthodox sexuality as homophobia/biphobia has been used to maintain this culture.

## BYE BI MYTHS OF BISEXUALITY

Bisexuality has, of course, faced more challenges than just its erasure among team sport athletes. In recent times, stigmatization and discrimination have been documented as characteristic of the bisexual individuals' life experience (Barrios, Corbitt, Estes, & Topping, 1976; Herek, 2002; Mohr, Israel, & Sedlacek, 2001). In less polarizing subcultures, those identifying as bisexual have often been stigmatized as neurotic, unable to love, or 'incapable of making up their minds.' Bisexual individuals have also been subject to double discrimination, facing hostility from heterosexuals and homosexuals (Ochs, 1996).

Furthermore, bisexuals have sometimes been described as simply being in transition into pure homosexuality, or being sex crazed (F. Klein, 1993). Thus, the overwhelming social attitude toward bisexuality has been one of denial, erasure, and/or stigma. This is even evident in academic literature, which favors self-identification over one's sexual predisposition (cf. Eigenberg, 2000). In other words, men 'who have sex with men' are regarded as being 'on the down-low,' rather than bisexual (cf. Denizet-Lewis, 2003; King, 2004).

These myths and misattributions may however be relegated to a particularly conservative period of American history. Youths' attitudes toward sex and sexuality are changing—and they are changing rapidly. Recent decades have brought an erosion of orthodox views and institutional control of sexual behaviors and relationships in North American and Western European cultures (Joyner & Laumann, 2001). This is made evident in the growing percentage of people who engage in premarital intercourse (Johnson et al., 2001; Laumann, Gagnon, Michael, & Michaels, 1994), the social and legal acceptance of divorce (Jackson & Scott, 2003), the markedly expanded social and political landscape for gays and lesbians (Anderson, 2009; Loftus, 2001), and what some would suggest is a lessening of the traditional double standard for heterosexual intercourse, permitting women to have casual sex with less social stigma (Tanenbaum, 1999; Wolf, 1997).

For university students, there also exists a culture where many students avoid romantic relationships. Instead, undergraduates frequently engage in casual sex, something they call hooking up (Bogle, 2008; Stepp, 2007). These trends have been suggested to increase the viability of alternative categories of sexuality, expand social and political landscapes for sexual minorities and to reduce the disparity between acceptable gendered behaviors or at least create more space for the open discussion of behaviors traditionally coded

as nonheteromasculine (cf. Anderson, 2005, 2008; Barnett & Thomson, 1996; Loftus, 2001; Tanenbaum, 1999; Wolf, 1997).

More specific to this research, despite decades of overt homophobia in team sports, there is evidence to suggest this is changing. More progressive attitudes about sexuality are becoming esteemed among young men in Western cultures (Anderson, 2002, 2005, 2009; J. Harris & Clayton, 2007; Price & Parker, 2003; Pringle & Markula, 2005; Southall, Nagel, Anderson, Polite, & Southall, 2009). And, as reductions in cultural homophobia/homophobia occur, a cultural space is opened for the recognition of sexualities and/or sexual behaviors that have been previously silenced and stigmatized.

For example, Anderson's (2008, 2009) studies of heterosexual male athletes find them to display positive attitudes toward homosexuality, to value homosocial emotional intimacy, as well as homosocial physical tactility. Supporting these findings, Schrack-Walters, O'Donnell, and Wardlow's (2009) qualitative analysis of men's participation in athletics suggests that the development of communal and emotional affects is becoming increasingly more important between men on sports teams and finds that comments from athletes were laden with emotional intimacy. And, encouragingly, when they heard men "express very high levels of affection for each other, none of the athletes qualified their statements using a heterosexual standard of acceptability" (Schrack-Walters et al., 2009, p. 92).

## METHOD

The driving theoretical hypothesis of this project is that homophobia has been central to the production and stratification of men's sexualities as an ordered system of valuing or subjugating individuals. Homophobia/biphobia has been used by men as a weapon to deride other men in establishing this hierarchy (Burn, 2000; Butler, 1990; McGuffey & Rich, 1999; Plummer, 1999). Therefore, if homophobia is on the rapid decline (cf. Barnett & Thomson, 1996; Loftus, 2001; Widmer, Treas, & Newcomb, 1998) there might be a reconstruction of the one-time rule of homosexuality, and the relationship between sex, masculinity and sexual identity construction. Given this potential reconstruction, it is plausible to expect individuals to give credence to multiple subject orientations and identities. As a result, the cultural legitimacy of bisexuality as a sexual identity may be enhanced.

Examine this thesis, we use participant observation and qualitative interviews of 60 (18- to 22-year-old) players from three separate university soccer teams in the United States. To analyze a range of university settings, we strategically selected universities in diverse geographical locations. Politically, these locations represent strong variations in attitudinal positioning.

One team is from a small, Catholic college in the American Midwest. Another represents a small liberal arts college in the American South. The third

is a large, liberal university located in the Northeast. Of the 60 men, 52 were White, 6 were Black and 2 were Hispanic. In accordance with standard best practices for conducting ethnographic research, we defined our samples as each and every member of three different sports teams and thereafter sought to collect information from those defined population samples. Therefore, the sample is valid of the team's culture, as no members are excluded.

After securing signed consent of these players and coaches (only one player refused), we socialized and trained with them for a period of 10 days (during their soccer season). Attitudinal data concerning sexualities was simultaneously obtained from in-depth interviews as well as participant observations, as casual conversations provide a more 'real' sense of participant's views and understandings of sexualities compared to formal interviews—which often result in participants telling the interviewer what they think the interviewer wants to hear (Gratton & Jones, 2004).

Even though this is not covert research, all note-taking was conducted by recall immediately after casual conversations to reduce the visibility of researcher presence (Spradley, 1970). Thus, informants were not aware of note-taking as it occurred. This enabled players to quickly forget that we were conducting research, and we were therefore able to examine their attitudes concerning sexualities in multiple social settings.

After we felt sufficient rapport had been built between informants and us, semistructured individual interviews took place. The order of discussion in these interviews varied; as did the exact wording of questions used. Although topics were expanded upon appropriately at each site, some basic themes included whether participating in gay sex necessarily made one homosexual, whether bisexuality exists as a legitimate sexual identity, how physical and emotional intimacy (as well as sexual desire) were understood in relation to the complexity of sexuality and other questions related to sex and sexuality.

The amount of time allotted to each question varied depending upon the flow of conversation with each informant. Thus, not all questions were asked of each informant. These interviews were conducted in private, all participants signed a consent sheet and only one player refused participation. Interview tapes were erased after interviews were transcribed, and informants' names have been changed to protect anonymity. Finally, students were given our e-mail addresses and mobile phone numbers at the outset of the research, so that they could immediately contact us to request data removal, or to suggest other amendments.

Because this research seeks to analyze sexual and gendered attitudes as they may exist in concurrence or difference to hegemonic scripts, we approach this research through an inductive framework. Thus data and subsequent categories and themes emerged through a process of ongoing analysis (Glaser & Strauss, 1967). As part of this flexible analysis process, we use thematic analysis (cf. Braun & Clarke, 2006) to organize, analyze and report

patterns within data as well as to provide a rich and detailed, yet complex account of our findings.

The categories 'thematized' in this research represent player–player interactions as well as player–researcher interactions within an active and naturally unfolding context. Notes were coded on the basis of their revealing an insight into the players' value or understanding of bisexuality and transcriptions were coded and cross-verified using interrater reliability sampling.

## RESULTS

### Decreasing Homophobia Leads to Decreased Biphobia

"I know a load of gay guys," Jay tells us. "My girlfriend has a ton of gay friends, so I know most of them through her. We're always hanging out as a group." When asked whether he would maintain these friendships if he and his girlfriend broke up, Jay said, "Not all of them. But, like John, he's become a close friend, and we'd totally hang out, yeah." Jay, however, is not the only one to take pride in his disposition toward sexual minorities. Rod said, "I did a persuasive speech for a debate class on gay marriage. I totally believe in it. And gay adoption, too. Saying they shouldn't be allowed to is just stupid." Rod added, "It shouldn't matter who you love, and it damn well doesn't matter who you sleep with." Their teammate Danny (who was raised as a Catholic), told us, "I'm very accepting of other people, gay, straight, bi, whatever, it's not an issue with me."

Progay discourse is expressed not only in interviews (where players have anonymity) but in social situations. For example, we were sitting with a group of eight soccer players in a food hall, when one of the researchers asked, "Any of you have gay or bisexual friends?" "My uncle is gay," Brett responded. Jordan added "My best friend from home is gay." Caden said, "I got a gay friend at home, too. He's not my best friend, but he's a good friend." These types of conversations occurred with men in all three teams, in a variety of social locations. In other words, athletes on these three teams were not afraid to talk about their support for gay men in front of their peers, nor were they afraid to admit to sharing homosocial intimacy with gay men.

We, however, were curious where bisexuality stood with these men. For example, we almost always (but not exclusively) framed our questions and our discussions in terms of 'sexual minorities,' or we asked, "Do you have any gay or bisexual friends?" But as the answers above indicate, men on these teams mostly erase bisexuals (and other sexual minorities) as specific sexual identities from these conversations. *Gay* became the catchall for all sexual minorities. And these men displayed remarkable inclusivity toward 'gay men.'

Contrasting the descriptions of contact sports as highly homophobic organizations (cf. Pronger, 1990), we found that the men on these teams

demonstrated a type of masculinity that is not situated in intellectualizing or behaving in homophobic ways. Although two men expressed homophobic sentiment in interviews, the rest were refreshingly inclusive. However, does the acceptance of homosexuality, necessarily indicate an acceptance of bisexuality, too?

Although we identify some limited bi-negative discourses, and certain types of heterosexism (including the presumption of heterosexuality), participant observations and in-depth interviews suggest that there also exists an extensive degree of acceptance of bisexuality among these young men. Men in the current study made no distinction about how they 'felt' about gay, compared to bisexual men. In our interviews, we found that these men were so supportive of same-sex attracted men that their acceptance even included tolerance (and oftentimes joy) in being hit on by a man.

The majority of men across three geographical locations did not perceive being hit on by a male as threatening to their heterosexuality. Kris said, "If I was hit on by a guy, I'd be like, 'Yeah, I'm good-looking. There's the proof!'" His teammate Jon agreed, "I'd be honored." Darren added, "I've been hit on plenty of times by guys. You can't blame someone for being attracted to you. It's a compliment." Others, like Nick, demonstrate indifference toward being the object of same-sex attraction. "I wouldn't say I'd be honored. But I wouldn't be offended."

It is important to note, however, that the social acceptance of gay and bisexual men (and women) that we speak of is not examined for extension to other sexual minorities. We did not ask informants about their views on transgendered, transsexual, intersex or asexual individuals. What is significant, however, is that though few of these men knew bisexual males, their social contact with gay men (which almost all of the participants maintained) seemed to extend to bisexual men as well. In other words, this research suggests that decreasing homophobia also leads to decreasing biphobia. Part of this, we assume, is due to social contact with gay men (Baunauch & Burgess, 2010). Contact theory has been widely used in discussing decreased homophobia (McCann, Minichiello, & Plummer, 2009). What has not been discussed, however, is that contact with gay men leads to acceptance of bi men, as well.

Finally, though some of these men report learning inclusivity through contact with a gay man, most of these men report never having been homophobic in the first place. This, too, is consistent with research that shows today's youth are growing up in a culture (influenced by the media and the visibility of homosexuality on the Internet) in which young men are not socialized into homophobia the way previous research shows they once were (Anderson, 2009). This decreasing homophobia seems to have led to a more nuanced understanding of bisexuality, too.

## Complex Understandings of Bisexuality

Interviews with these 60 soccer players indicate that most of the men maintain complex understandings of the relationship between sexual orientation, sexual behaviors and gendered intimacy. For example, when these men are presented with questions designed to examine for their perspectives on the one-time rule of homosexuality, all of the men (in one way or another) dismiss this rule as overly simplistic homophobia. For example, when we asked James, "If a straight guy had sex with a guy once, would it make him gay?" he answered, "Only if he wasn't attracted to women." He then looked at the interviewer as if to say, "That's a stupid question." The point is: however we worded our questions about the one-time rule of homosexuality, we found it was often dismissed. In the world of these men, sex with a man can, but does not have to, equate with homosexuality.

Instead of viewing sexuality as a polarized 'either/or' identity, most of these men were interested in discussing issues of sexuality through a recognition of its complexity. Mike said, "What does it really mean to be gay anyhow?" James found the notion of one same-sex sexual experience equating to homosexuality absurd. "Maybe my grandpa thought that way, but come on!" He added, "Having sex with a guy doesn't necessarily make you gay. You could be gay, but you might be bi, or you might just be a straight guy having sex with a guy."

Whether these men were capable of articulating their thoughts in the same way as James or not, most of these men showed an understanding that sexuality is broken down into at least three constituents: identity, orientation and behavior. In understanding sexuality in this more complex perspective, they reject a binary notion of sexuality; they did not believe that having sex with a man 'once' automatically made one gay. They did, however, recognize that it might make one bisexual. But defining what bisexuality is proves difficult.

When asked to 'describe bisexuality' many (not all) of these men initially offered an explanation that being bisexual means being sexually attracted to men and women. As Paul stated, "It's about having equal preference for women and men." John said, "It's when you like both the same." But when asked to elaborate on their initial statements, most of these men were quick to clarify that it does not have to be equal attraction between men and women. "Of course," Tim said, "You can like guys 5% of the time and girls 95% of the time, or the other way around and be bisexual." And (interestingly) when Paul is asked if one can be 95% straight and 5% gay he says, "Of course. Most of us probably are." When Tim was asked if liking girls 95% of the time, and guys 5% if that makes one bisexual he answered, "I don't know. You could call it that, sure. Or you could say he's straight but he likes guys a bit. Either way, I don't really care, it doesn't matter who you like."

Implicit in these discussions is the acceptance that bisexuality exists. Our interviews were largely absent of the stereotypes of bisexuals as incapable of making up their mind, being in transition to coming out as gay, or being 'greedy' (although some exceptions are discussed later). Most of these men believed these stereotypes. When Jon was told by one researcher that "Some people think bisexuality doesn't exist, that it's just gay guys who are too afraid to say they are gay," he responded, "That's just ludicrous! I don't know of any bisexuals at this college but I'm sure they exist. Nobody doubts girls can be bisexual so why doubt guys can?" Jon then added, "Statistically, they must be out there."

We found this an interesting theme: Almost all of the men in the current study maintained that bisexuality exists among men, and most (as we will get to later) even recognize bisexuality in themselves, but few know male friends who publicly identify as bisexual. Mark said, "I've got gay friends on campus, but I don't know of any bi guys." He added, "I've met some bi girls back home. So if girls can be bi then guys can too." Kelvin also said that though he knows bisexual girls, he does not know any guys. "Wait a minute," he said. "Surely I must know some." After a moment's reflection, and still unable to think of any, we ask why he thinks bisexual men exist, even though he doesn't know any. "I think it is a matter of homophobia," Kevin said:

It's cool right now for girls to be into other girls. I don't think it's bad for guys to say they are into other guys... I don't think there is much homophobia [biphobia], but it's also not "cool" yet. Maybe it will be in a few years. But, right now, a guy just doesn't get the same credit with his friends for doing guys as he does for doing girls. So if you're a guy, and you like girls [too,] I guess it just make sense to say you're straight.

Tim maintained that bisexuality is as common for men as it is for women, "If, whatever, 2 out of 5 girls are into other girls, well you know it's gonna be that way for guys, too." Clint, who grew up on a farm in the Midwest, agreed, saying that he believes that the difference between gay and straight is "blurry." He added, "I have gone to gay bars, I've even kissed one of my friends. Does that make me gay? Does it make me bisexual?" He continued, "This categorizing people stuff is kind of stupid, don't you think?" We expressed to Clint that though we understand that it may very well be stupid, it is nonetheless a social phenomenon; and we wonder why he chooses to describe himself as straight. Clint smiled, "You got me there. I guess it's because I've only been with girls, so far."

Others also intellectually challenge the polarization of sexual binaries, even if they do not identify as bisexual. Tom says, "I don't get it. Why do we have to be straight or gay, or whatever? Why can't we just be?" Tom's teammate Danny says, "Or why can't we be somewhere between. Can you

really be a hundred percent something?" But both of these men also identify as heterosexual.

Accordingly, interview data suggests that though these men are not identifying as bisexual, they at least intellectualize bisexuality. They demonstrate that at an intellectual level, they recognize that sexuality is positioned on a continuum. In this respect, the intellectual understanding of sexual perspectives for these men might best be understood from a queer perspective, as they discuss the deconstruction of sexual identities and categorization (Jagose, 1996; Sedgwick, 1990; Seidman, 1996). What is perhaps even more interesting, however, is that not only do they recognize that bisexuality exists, but at an intellectual level, they recognize their own bisexuality, too.

### Recognizing Bisexuality in Themselves

Most of the men in this research comment that they understand bisexuality to encompass a broad spectrum of variables, whereas a minority predominantly categorize bisexuality as the presence of physical attraction, and/or acting upon this attraction. For example, (representing the minority view) Justin said, "Thinking or saying a guy is good looking doesn't show bisexuality, and loving straight male friends isn't bisexual either." Justin therefore positions sexuality as being defined by sexual desire/behavior alone. However, most men complicate this perspective.

Indeed, the majority of these men recognized emotional attachment and emotional expression as components of sexuality, too. And perhaps this is why nearly all of the men we interviewed recognized some bisexuality in themselves. "I think we're all bisexual to some degree," Sean said. "I mean, I don't think it's purely a physical thing, I think it's an emotional thing, too." When asked to expand upon this idea of bisexuality being a universal sexuality, he said, "All I'm saying is it's more complicated than the physical." Sean's reasoning rejects any definition of sexuality based on sexual behavior alone. And his is a perspective shared by most.

Corey maintains that bisexuality is human nature at its best. "Bisexuality is fascinating," he said. "Someone who can dig [be attracted to] both men and women is fascinating because they don't distinguish—they just dig humans. And there's something cool about that. It's beautiful." Corey also touched upon an area that most of the men in this study identify with—they are not afraid to express their love for their male friends. "I love Dom," Corey says. "I mean I really love him. Call it a bromance if you want, but he's my boy. . . There's nothing I can't talk with him about."

Whereas boys and men have traditionally avoided homosocial intimacy (Pollack, 1998), or at least the verbal recognition of that intimacy, these men are fluid and proud of their verbal expressions of love for their mates. This was true regardless of the team studied: These men expressed a great deal

of affection. Jay said, "I love John, he's my friend, my bro. I'd do anything for him." And when asked how his love for his best friend compared to the love he has for his girlfriend (of 4 years) he answered, "It's close. You ever watch *Scrubs* [the TV show]?" he asks. "It's like me and John are like JD and Turk [two of the main male characters who are emotional but not physical lovers]." This type of affection was commonplace among teammates. They were not shy about calling their affection love. Clint, Sean, Jay, and multiple others postulate that there is a connection between love and sexuality. One of the players said, "I love my best friend more than my girlfriend, doesn't that make me a little gay?"

Thus, not only do we find an overt acceptance of homosexuality and bisexuality among a group of men traditionally understood to be characterized by homophobia; and not only do we find that these men reject the one-time-rule of homosexuality and complicate bisexuality; but we also find that (at some level) these men recognize bisexuality in their own personal (not public) identities. In one-on-one interviews, 48 out of 60 identify some bisexuality in their own lives.

When given a scale of 0 to 10, with 0 being *100% heterosexual* and 10 being *100% homosexual*,<sup>1</sup> 12 of the men score themselves as a 0, 32 scored themselves as a 1, 12 scored themselves as a 2, and 4 scored themselves as a 3.

We asked those whom did not score themselves as a 0 why not. "I'd probably say I'm a 2," Alex told us, "And why not a 0?" we asked. "Because I like to hug guys," Alex responded, "It's not like it's sexually pleasurable contact, but I'm really comfortable with male contact." Caden also rated himself as a 2: "Behavior wise, I'd say a 2 or 3, I'm down with physical contact. And I've thought about what it would be like to be gay. Not that I question my sexuality. Everyone probably has thought about it at some point, even if they don't talk about it." Caden also gives us his interpretation of where others might place him on the scale. "I think outsiders would put me as a 5 or something like that, because other people might label some of my behaviors as gay, or not what someone who was completely straight should do." He laughed, "Sometimes I just go along with it to keep people guessing. Like, I'll hug people and hold on for a bit longer than they expect."

Luke told a similar story of keeping his sexuality ambiguous:

I was holding this friend of mine. We were both topless in my room at a party and this girl walked in. We thought we'd be smart and say we were gay to see what her reaction would be and if she would believe it or freak out or whatever. She was totally cool with it and ended up telling us she was bisexual and telling us all about it [he laughs]. I guess she trumped our story!"

Two other men also told us that they had thought about what it would be like to be gay and had also discussed their own sexuality with friends.

Both concluded that they were straight and rate themselves on the scale as a 2. Others rate themselves a 1 or 2 because they have had some form of sexual contact with a man. "Well, I've kissed guys before. A couple of times, on the lips, and a million times on the cheek. Conventionally that probably doesn't make me 100% straight," John said.

Correspondingly, we asked those who scored themselves as a 0 why they did so. Here, almost all of these men explained their straightness in relation to an absence of gay/bi behavior. "I've never done anything remotely sexual with a guy," Mike said. Jessie said, "I'm strictly attracted to women, and I'd never have intercourse with a guy." Adam also rated himself as a 0, but he was clear to identify that this rating is not borne out of homophobia.

Thus, firstly we found that the majority of these men give cultural currency to bisexuality as a legitimate sexual identity. Second, they maintained inclusive attitudes toward homosexuality and bisexuality. Third, although none identified as bisexual publicly, most of these men intellectually understand some bisexuality in their lives. One can argue as to what definitions of *bisexuality* are, whether these men should include themselves as being bisexual based on emotional intimacy, or whether these men might simply have been saying that they were bisexual because they perhaps thought that this is what the researchers desired to hear. However, it is a significant finding that these men do not defensively assert their pure heterosexuality. This is consistent with Anderson's (2009) recent work on masculinities, where he described not only a softening of masculinity, but a blurring of gender and sexuality boundaries; it adds to empirical evidence that suggests many heterosexually identifying undergraduate men are increasingly moving away from aggressively defending their sexuality as 100% straight.

### Old Myths Die Hard

Although the vast majority of these men offer a refreshing emotional and intellectual outlook on men who have sex with men, in the interests of representing the data accurately, it is also important to note that a handful maintained dispositions about bisexuality that resemble what older research has found. For example, Fritz Klein (1993) suggested that bisexual men are oftentimes understood to be either nonexistent, neurotic or hypersexual. We found some evidence of this sentiment in some of these men, too.

Steve jokingly encapsulated some of this sentiment by suggesting that, "Maybe they [bisexuals] are just horny." David positioned bisexuals as curious or experimenting, saying, "They are gay and like having sex with women also, or they're straight and they are curious." But though David described bisexuality as having two forms (you're either predominantly gay or straight), he asserted that he would call them bisexual if that's how they identified.

Two men positioned bisexuals as neurotic: a psychological state of confusion with one's sexuality. Mike, for example, said, "I think it means to

be unsure of yourself as to who you are. Unsure of what you want.” Rod told us that he thinks bisexuality might be “a little bit of confusion.” “Most bisexual people don’t know what they are, I think,” he said. “You probably fall for one or the other in the end. It might just take you a while to decide.”

Brett said that bisexuality is what people call themselves when they are in transition between straight and gay. “I’d call them very undecided. I’ve always thought of bisexuality as a transition period—they haven’t figured it out yet [whether they are straight or gay].” Finally, Brent offered a similarly ‘transitional’ explanation of bisexuality. “I knew a girl who was bi,” he said, “She hooked up with guys and girls, and I remember thinking that she was confused, that she hadn’t made up her mind.”

However, most of these men are not entrenched in their positions. When they are questioned about them, they do not feel strong desire to be correct about their positions. Thus, after hearing of our perspective on matters, most would agree that there was merit to our argument that matters are more complex. This indicates that although there are still some myths about bisexuality circulating in youth culture, those myths do not appear to be generated by biphobia.

## DISCUSSION

By interviewing and observing three geographically distinct groups of heterosexual men involved in the team sport of soccer (a traditionally homophobic social group), this research investigated young men’s understandings of bisexuality. We explored the attitudes these heterosexually self-identified men maintained toward sexual identity categorization, and how they contextualized their own sexual identities. We find that although a few students still deny bisexuality as a legitimate category of sexual desire/identification, the vast majority recognize bisexuality as a legitimate sexuality for men. Many even challenge the binaries of homo- and heterosexuality, suggesting that sexuality is best understood as a spectrum.

We suggest that the acceptance of bisexuality we find among these 60 men is related to their social acceptance of gay men. This, in itself is a noteworthy finding, because team sports are traditionally described as bastions of homophobia (Wolf-Wendel, Toma, & Morphew, 2001). As surprising as these inclusive attitudes may seem (to some), we highlight that they are consistent with other research that shows that homophobia is decreasing rapidly for men of this age group (18–22). For example in the mid-1990s Herek and Capitanio (1995) found 64% of men agreed with the statement “I think male homosexuals are disgusting”; but on research of university students in 2002 Baunach and Burgess (2010) showed that this number fell to just 24%; and this is in the deep South.

The decreasing stigma about sex with men is likely a product of multiple cultural influences, like the media, decreasing religious fervor and the

Internet. And, as Anderson (2008) previously showed, when men exist within a culture of decreased homophobia more space is created for the open discussion and complex understanding of sexual behaviors and identities that were once erased or stigmatized in a homophobic culture.

Although cultural homophobia is decreasing because of larger, macrolevel, changes to North American society, it is also important to note that homophobia is also decreasing because of increased social contact with gay men (Baunauch & Burgess, 2010). It is interesting to note, however, that the inclusivity toward bisexuality we discuss here is not attributable to increased social contact with bisexual men. As a collective, these participants knew very few bisexual men. Instead it might be partially explained by a latent effect of increased contact with gay men. Thus, a latent affect of the reduction of homophobia seems to be the transference of this acceptance to bisexuality.

However, though all but two of our informants intellectualize no homophobia or biphobia, many remain personally fearful that their peers are not as accepting and tolerant of gay and bisexual men as they are. This was particularly the case in the Southern school. Conversely, it was not-at-all the case in the large, liberal university from the Northeast. However, even here, where the explicit and implicit norms of the team are to be inclusive of men who have sexual desire for men (as they were in the North); and here, where most of the men intellectualize some bisexuality in their own identities, they still do not publicly identify as bisexual. We found this interesting. Although only 12 of the 60 men identified as 100% straight (in one-on-one interviews), none publicly identified as bisexual—including those (few) who had experienced some form of same-sex sexual contact with another man.

These findings therefore raise the question of why these men do not identify as bisexual. Even after team discussions have made it very clear that none of the players on the Northeast team harbored intolerance, and even after players discussed with one another that they identified as a 1 or 2 on our scale, none publicly identified as bisexual. What is clear is that these men took into account multiple variables in understanding sexuality, emotional preference, social preference and self-identification, but they still privilege sexual attraction in choosing how to self-identify. In this sense, we identify a complex appropriation of gay/bi behaviors by self-identified straight men. This is consistent with the complex way Fritz Klein (1993) understood bisexuality.

There are a few ways of analyzing this. First, it may very well be that even in light of their tolerance and acceptance of bisexuality and homosexuality, the fact that these men are increasingly engaging in same-sex intimacies, yet still identifying as straight, demonstrates the continued stigma attached to minority sexual identity categories (not necessarily the sex act). Another reason may be the term *bisexual* itself. It was very common for men in this study to say, "I'm a little bit gay," and to then describe the love they maintain for a friend, an increased fashion sense, or other sensibility that is culturally

coded as gay. These men are clearly comfortable recognizing that sexuality is more complex than just sex, and they are willing to recognize some 'gay' in themselves. However, it may be that they fail to identify as bisexual because, whereas *gay* and *straight* have a sexual implication but also a sensibility that incorporates nonsexual behaviors, there is not a similar 'sex and sensibility' word for *bisexual*. In other words *gay* is to homosexual as *straight* is to heterosexual: and both are softer, broader, less clinical terms. But what is the softer, broader, less clinical and—yes—less sexual term associated with *bisexuality*?

The term *metrosexual* partially fills this void, and a number of the men we spoke to identify this way. But metrosexual is too heavily laden with just one behavior, dressing well. Others described having a 'bromance,' but this too also describes just one characteristic (emotional connection). So, at least for now, decreasing homophobia and the loosening of heteromascu-line boundaries means that though men are more willing to intellectually recognize bisexuality as a legitimate sexual identity—and even to recognize bisexuality in their own, personal identities—straight men are not claiming a bisexual 'middle ground.' Perhaps some of this would be rectified with the popular construction of a word that captures the multiple characteristics that Fritz Klein (1993) identifies; perhaps a word without *sexual* at its core.

Finally, we do not attempt to generalize these findings to all young men in America. Although the men in our study hail from geographically diverse locations, they also represent an educated cohort of youth, and previous research links higher education to more positive attitudes toward homosexuality (Herek & Capitano, 1995). It is also possible that undergraduate men maintain more opportunity to have social contact with gay men, compared to those who do not attend college (Herek, 1994). Still, we highlight that the majority of these men talk about how they came to college already accepting of homosexuality; thus, college attendance does not completely explain the results we find with these young men.

## NOTE

1. We did not use the Kinsey scale or Klein Sexual Orientation Grid to draw our responses. Instead, we adapted these into a 0-to-10 scale, thinking this might elicit a broader range of scores and thus prevent these men from defensively scoring themselves as 0.

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